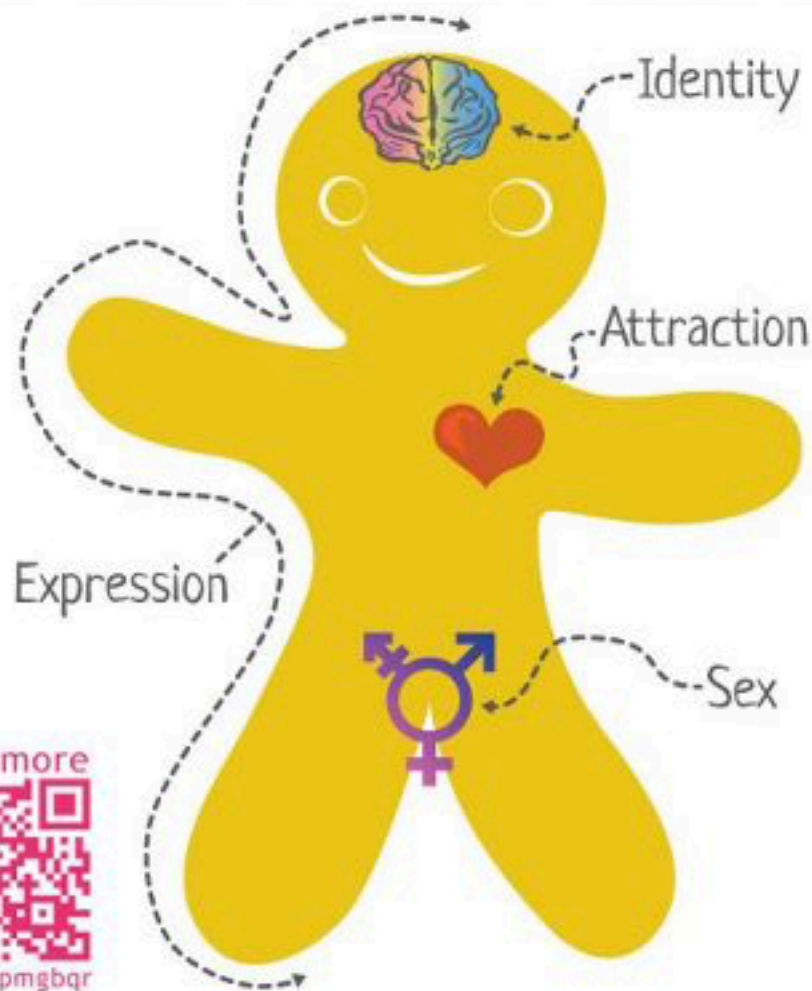


The Genderbread Person v2.0

by its pronounced **METROsexual** community

Gender is one of those things everyone thinks they understand, but most people don't. Like Inception. Gender isn't binary. It's not either/or. In many cases it's both/and. A bit of this, a dash of that. This tasty little guide is meant to be an appetizer for understanding. It's okay if you're hungry for more.



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bit.ly/ipmgbqr

Gender Identity

Nongendered {  Woman-ness
Man-ness

"Gender Identity" is how you, on the inside, identify yourself. Do you identify as a woman, a man, both, neither, a bit of one and a lot of another, or perhaps with a third gender altogether?

Related terms include agender, man, transgender, genderqueer, pangender, third-gender, two-spirited, woman

Gender Expression

Agender {  Masculine
Feminine

"Gender Expression" is how you, on the outside, demonstrate gender. Do you dress, act, emulate, behave, and interact in ways that are typically considered more masculine or feminine?

Related terms include androgynous, butch, crossdresser, drag queen or king, femme

Biological Sex

Asex {  Female-ness
Male-ness

"Biological Sex" is focused on the innate, inborn qualities that are used to determine and assign sex. Sex is a combination of reproductive organs, genitalia, hormones, karyotypes, hair, body shape, and more.

Related terms include female, intersex, male, transsexual

Attracted to

Nobody {  (Men/Males/Masculinity)
(Women/Females/Femininity)

"Attraction" is another word for sexual orientation, and denotes who you are physically, romantically, and spiritually attracted to. Many people are attracted to elements beyond gender, but most experience gender-based attraction.

Related terms include androphilic, asexual, bisexual, gay, gynephilic, lesbian, pansexual, straight, queer